

Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace (NCFE)

In partnership with Stoke on Trent College we are pleased to be able to offer you the opportunity to study for this Level 2 Certificate.

Course Summary

Unit 01: Exploring Mental Health

This unit will introduce learners to different types of mental ill health. They will understand factors which may contribute to mental ill health and actions that can be taken.

Unit 02: Understand how to support individuals with mental ill health

The aim of this unit is to understand how to support individuals with mental ill health. Learners will understand their responsibilities and how to protect their own mental health.

Unit 03: Understand a Mentally Healthy Environment

Learners will know about relevant legislation. They will understand mentally healthy environments and wellness action plans.

Entry Requirements

- You must be aged 19+
- There are some eligibility restrictions dependent on where you live (full details will be provided at the session).
- You must have been an EU resident for at least 3 years
- No qualifications are necessary for you to start the course.

Delivery method

This course is delivered through Distance Learning. You will study for this qualification in your own time and toward set deadlines at your own pace

You will be assigned a tutor to support you through the qualification plus support is also offered at the College.

Enrolment

To help with enrolment a short introductory session with the College has been arranged, which will give you an introduction to the course content, how you will study and what support you will receive.

Thursday 24th October – 2:00pm – 3:00pm

Tuesday 26th November – 11:00am – 12:00 noon

Tuesday 17th December – 2:00pm – 3:00pm

Please follow these links to book your place

October <https://buytickets.at/staffordshirestokeontrentics/1401721>

November <https://buytickets.at/staffordshirestokeontrentics/1401727>

December <https://buytickets.at/staffordshirestokeontrentics/1401734>

Post Course

Following completion of this course we will be sharing your details with the Health & Wellbeing Lead within your organisation so that appropriate resources can be shared and that your organisation can capture details of those qualified in MHFA to link you into any applicable networks.

If you need any further details, please contact the

ICS Health and Care People Team

icsretention@mpft.nhs.uk