

# Supportive Communities Training

January 2025 - March 2025

TO BOOK YOUR FREE PLACE simply click on a link or for more information email [training@supportstaffordshire.org.uk](mailto:training@supportstaffordshire.org.uk) or visit [www.supportstaffordshire.org.uk](http://www.supportstaffordshire.org.uk)

Strength-Based Conversations: Helping people to recognise their strengths



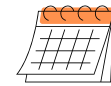
## Who and What is it For?

This training is open to everybody in Staffordshire, particularly Adult Social Care staff, Voluntary Sector organisations and wider partners.

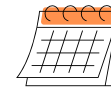
In this session we will:

- Explain the principles of the Strength-Based Approach.
- Identify the advantages and disadvantages of this approach.
- Examine the resources in your community that can support Strengths-Based working.
- Describe how you would embed a Strengths-Based approach within your organisation.

## January - February 2025

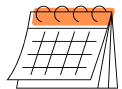


Wednesday 15th January 2025 13:30 - 15:00 Online  
[Click here to book](#)



Thursday 13th February 2025 09:30 - 11:00 Online  
[Click here to book](#)

## March 2025



Tuesday 4th March 2025 10:00 - 11:30 Online  
[Click here to book](#)



## Missed a previous session?

You can revisit all of our previous sessions by following the links below:

[Signposting and Resources](#)

[Communication and Safeguarding](#)

[Introduction to Daily Living Equipment](#)

[Mental Health Awareness](#)

[Signposting & Supporting Mental Health](#)

[Strength-Based Conversations](#)

[Working with the Voluntary Sector across Staffordshire](#)

