

Relational and Restorative Practice including attachment aware and trauma informed approaches for early years settings Staffordshire Virtual School

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The Training modules are available to Early Years Settings, Providers and Practitioners known to or working with Staffordshire Virtual School

Please bring your own drinks and refreshments to 'in-person' training sessions.

Training Title	Information about the Module	Duration	Dates and Times	Venue
An Introduction to meeting the needs of children who are care experienced or vulnerable and The Staffordshire Relational, Restorative Matrix.	The training will provide an introduction to working with and meeting the needs of children who are care experienced or who have a social worker. The goals are to provide awareness of vulnerability and adversity. There is a workshop aspect that aims to introduce the Staffordshire Relational and Restorative Matrix (Standards). Participants will be asked to think about what ingredients are needed to develop systemic practice in settings, contributing to developments of a framework for good practice. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	2.5 hours. 2 hours on Zoom and 30 minutes self-study and reflection.	Wednesday 8th November 2023 4.00 pm – 6.00pm	Zoom
			Wednesday 10th January 2024 6.00pm – 8.00pm	Zoom
			Monday 24th June 2024 4.00pm – 6.00 pm	Zoom
An Introduction to Attachment Strategies	A 4 hour, in-person training session that aims to provide an awareness of attachment theory. The training goals are to provide information about the Formation of Attachment and the development of Internal Representations. The training will introduce Attachment Theory, with exploration of the Strange Situation ways of working with others to provide secure attachment relationships in settings. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	4 hours In Person.	Saturday 16th December 2023 9.00am – 1.00pm	The Wolsley Centre, Wolsley Bridge, Stafford ST17 0WT
			Tuesday 20th February 2024 9.00am – 1.00pm	Entrust, Riverway, Stafford ST16 3TH
			Saturday 3rd August 2024 9.00am – 1.00pm	The Wolsley Centre, Wolsley Bridge, Stafford ST17 0WT
An Introduction to Emotional Regulation, Physiological Arousal and Executive Functioning	The training aims to provide awareness of Emotional Regulation and Physiological Arousal. The training will provide an awareness and explanation of the concepts: 1) Emotional Regulation, 2) Physiological Arousal and 3) Executive Function. There will be time to explore ideas, approaches, and strategies that can be put into practice. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	2.5 hours. 2 hours on Zoom and 30 minutes self-study and reflection.	Monday 18th December 2023 4.00pm – 6.00pm	Zoom
			Tuesday 20th February 2024 4.00pm – 6.00pm	Zoom
			Friday 19th April 2024 4.00pm – 6.00pm	Zoom
An Introduction to Social Emotional Development: Putting Theory into Practice in Settings	A 4-hour training session that aims to introduce developing practice in settings and schools regarding social and emotional development. Goals of the training are to provide an overview of Psychological Development and Identity; Social, Emotional development with some exploration of Mental Health. The training provides opportunity to discuss and explore how assessments, observations and knowing a child can support developing practice. There will be links to The Code of Practice and Early Years Foundations. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	4 hours In Person.	Wednesday 10th January 2024 9.00am – 1.00pm	Entrust, Riverway, Stafford ST16 3TH
			Saturday 13th July 2024 9.00am – 1.00pm	The Wolsley Centre, Wolsley Bridge, Stafford ST17 0WT
			Friday 2nd August 2024 9.00am – 1.00pm	Entrust, Riverway, Stafford ST16 3TH
An Introduction to the Impact of Early Experience on sensory development	The training session aims to provide an introduction to the impact of early experience on sensory development. The training goals are to give an awareness of early experiences and sensory development alongside the importance of knowing about these links. There will be time to share ideas and strategies that will support ongoing understanding and development to meet needs of children in settings. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	2.5 hours. 2 hours on Zoom and 30 minutes self-study and reflection.	Wednesday 8th November 2023 6.00pm – 8.00pm	Zoom
			Tuesday 20th February 2024 6.00 – 8.00pm	Zoom
			Wednesday 31st July 2024 4.00pm – 6.00pm	Zoom

An Introduction to Early Years Settings and schools being a safe base for children and practitioners.	The training aims to provide an awareness and knowledge of how Early Years Settings and schools can be a safe base for children and practitioners. The workshop will provide an opportunity to explore skills and strategies needed to provide a safe base. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	2.5 hours. 2 hours on Zoom and 30 minutes self-study and reflection.	<p>Wednesday 10th January 2024 4.00pm – 6.00pm</p> <p>Monday 18th March 2024 4.00pm – 6.00pm</p> <p>Wednesday 1st May 2024 4.00pm – 6.00pm</p> <p>Wednesday 31st July 2024 6.00pm – 8.00pm</p>	<p>Zoom</p> <p>Zoom</p> <p>Zoom</p> <p>Zoom</p>
Emotion Coaching and PACE for Early Years Practitioners - Introductory Level	A 4 hour in-person workshop that aims to introduce Emotion Coaching for Early Years practitioners. The goals of the workshop are to offer practitioners an Introduction to emotion coaching practices. An introduction to PACE will be provided. There will be practical activities in the form of a workshop. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	4 hours In Person.	<p>Saturday 16th December 2023 1.30pm – 5.30pm</p> <p>Wednesday 1st May 2024 9.00am – 1.00pm</p>	<p>The Wolsley Centre, Wolsley Bridge, Stafford ST17 0WT</p> <p>Entrust. Riverway, Stafford ST16 3TH</p>
An Introduction to Trauma and Exploring Trauma Sensitive Approaches	A 4 hour, in-person training session and workshop that aims to provide awareness and knowledge regarding the developmental impact of trauma and loss on children, including developmental vulnerabilities. The goals of the course are to provide: <ul style="list-style-type: none"> time and space for exploration and conversation about the impact of trauma and loss on children; time for discussion about developmental vulnerabilities. The workshop aims to provide knowledge and explore skills needed for becoming aware of and providing trauma-sensitive safe environments. Time and space to think about and practice skills and strategies that are necessary for providing trauma sensitive safe environments will be provided. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	4 hours In Person.	<p>Monday 18th March 2024 9.00am – 1.00pm</p> <p>Monday 24th June 2024 9.00am – 1.00pm</p> <p>Saturday 13th July 2024 1.30pm – 5.30pm</p>	<p>Entrust. Riverway, Stafford ST16 3TH</p> <p>Entrust. Riverway, Stafford ST16 3TH</p> <p>The Wolsley Centre, Wolsley Bridge, Stafford ST17 0WT</p>
An Introduction to Transition, Endings and Loss.	A 4 hour in-person workshop that aims to provide an introduction of how Transition, Endings and Loss can impact on children, families and adults working with children and families. The goals of the workshop are to provide awareness of and knowledge of transitions, endings and loss and impact on individuals. An exploration of supportive processes and strategies will be provided. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	4 hours In Person.	<p>Friday 19th April 2024 9.00am – 1.00pm</p> <p>Friday 2nd August 2024 2.00pm – 6.00pm</p>	<p>Entrust. Riverway, Stafford ST16 3TH</p> <p>Entrust. Riverway, Stafford ST16 3TH</p>
Online Looking After Me Empathy, Compassion and Reflective Practice	The online training aims to introduce self-care. The goals are to provide an awareness of secondary trauma and vicarious trauma and the importance of self-care. Ideas and self-care strategies will be shared. There is an expectation that evidence of self-study and a course evaluation be completed prior to a certificate of attendance being issued.	2.5 hours. 2 hours on Zoom and 30 minutes self-study and reflection.	<p>Monday 18th December 2024 6.00pm – 8.00pm</p> <p>Monday 18th March 2024 6.00pm – 8.00pm</p> <p>Friday 19th April 2024 6.00pm – 8.00pm</p> <p>Wednesday 1st May 2024 6.00pm – 8.00pm</p>	<p>Zoom</p> <p>Zoom</p> <p>Zoom</p> <p>Zoom</p>
In Person Self-Care: Looking After Me - Empathy Compassion and Reflective Practice	The 4 hour, in-person workshop aims to provide knowledge and skills for self-care. The course goals are: <ul style="list-style-type: none"> to provide knowledge about the potential impact of secondary and vicarious trauma. to discuss burnout and ways of supporting self. There will be an opportunity to do some practical self-care with the arts and mindfulness meditation.	4 hours In Person.	<p>Wednesday 8th November 2023 9.00am – 1.00pm</p> <p>Saturday 3rd August 2024 1.30pm – 5.30pm</p>	<p>Entrust. Riverway, Stafford ST16 3TH</p> <p>The Wolsley Centre, Wolsley Bridge, Stafford ST17 0WT</p>

To book your place please complete the Booking Form on the link below.

When you have registered for a course, you will get an email of confirmation and you will be sent a zoom link if the training is on zoom.

Booking Form Link

<https://imagine-mh.co.uk/scc-training/>